

CAPITAL CITY CHRISTIAN CRUISERS TRACK CLUB



2012 REGISTRATION PACKET

**For More Information
Contact 850-668-6949**



**2012 CAPITAL CITY CHRISTIAN CRUISERS
TRACK AND FIELD CLUB**

MEET SCHEDULE

DATE	CITY	MEET
APRIL 14, 2012	ALTAMONTE SPRINGS, FL LAKE BRANTLEY HIGH SCHOOL	FLORIDA ELITE INVITATION
MAY 12, 2012	JACKSONVILLE, FL RAINES HIGH SCHOOL	YOUNG ACHIEVERS RELAY GAMES
JUNE 2, 2012	TALLAHASSEE, FL CHILES HIGH SCHOOL	AAU DISTRICT QUALIFIER
<i>JUNE 9, 2012 TENATIVE</i>	<i>TALLAHASSEE, FL FLORIDA STATE UNIVERSITY MIKE LONG TRACK</i>	<i>CCCC TRACK CLASSIC OR PRIMARY TRACK MEET</i>
JUNE 16, 2012	TALLAHASSEE, FL FLORIDA A & M UNIVERSITY	TALLAHASSEE TRAILBLAZERS TRACK INVITATION
JUNE 21-24, 2012	JACKSONVILLE, FL UNIVERSITY OF NORTH FLORIDA HODGES STADIUM	AAU NATIONAL QUALIFIER
JULY 14, 2012	TALLAHASSEE, FL FLORIDA STATE UNIVERSITY MIKE LONG TRACK	ANNUAL ERNIE SIMS TRACK INVITATION
JULY 30 - AUGUST 4, 2012	HOUSTON, TX HUMBLE HIGH SCHOOL	AAU JR OLYMPIC GAMES
AUGUST 11, 2012	TALLAHASSEE, FL SMITH-WILLIAMS SERVICE CENTER 7:00 PM	ANNUAL AWARDS BANQUET

**THIS SCHEDULE IS SUBJECT TO CHANGE
PARENTS WILL BE PROPERLY NOTIFIED IN ADVANCE OF ANY CHANGES OR CANCELLATIONS**



2012 REGISTRATION CHECKLIST

PLEASE PRINT

ATHLETE NAME: _____

Please check off the following items as completed. Return the registration forms and checklist to Latonya Bennett.

The following forms are needed in order to complete your registration:

_____ Participant Levels, Fees and Cost Form (Please initial each of the 4 category)

_____ Membership Form (please complete all information)

_____ Consent & Release Form (signed by parent)

_____ Authorization for Medical Treatment Form (signed by parent)

_____ Physical Examination Form (you can submit a physical form used for another sport)

_____ Birth Certificate (submit two copies) * *No originals please!*

I have read and fully understand all of the information that has been presented to me.

Parent/Legal Guardian Signature: _____

1770 NEWMAN LANE * TALLAHASSEE, FLORIDA 32312 * 850-668-6949

Revised: FEB 2012



2012 PARENT/LEGAL GUARDIAN CONSENT & RELEASE FORM

PLEASE PRINT

I am the parent/legal guardian of _____.

I hereby give my consent for the above named child to participate in practices, track meets, road races, travel and other activities sanctioned, sponsored, and/or attended by the Capital City Christian Cruisers (CCCC) Track Club. I authorize the Ministry Directors, Head Coach, Coaches or Staff members to sign the standard athlete's release forms, USA Track & Field (USATF) and Amateur Athletic Union (AAU) documents when entering my child in any sanctioned events.

Should I (or my child) decide to withdraw from participation with CCCC, I agree to notify the CCCC Directors that I am withdrawing my child and that all **REGISTRATION FEES PAID ARE NON-REFUNDABLE.**

In addition, as the parent or legal guardian of the above named minor child, I hereby authorize CCCC to use a photo or video image of said minor child, in written materials, and/or newsletter publications, media, video, and electronic publications, which includes but not limited to the internet. I hereby agree to hold CCCC harmless from any results or consequences this use of photographs or video image may have, either foreseen or unforeseen. I understand that I will not be paid, compensated or entitled to any benefit as a result of the use of said minor child's photograph or video image.

Further, in consideration of my child being accepted in CCCC, I hereby indemnify and hold harmless The W.A.Y. Ministries of Tallahassee, Inc., Capital City Christian Cruisers, Board of Directors, CCCC Head Coach, CCCC Coaches, CCCC Staff, and CCCC assigned Chaperones/Volunteers against any and all rights and claims which I have or which may arise in conjunction with my participation or travel to and from practices, track meets, road races or other activities sanctioned, sponsored and/or attended by CCCC, USATF and AAU.

The signee below affirm that the above named child's Medical History including allergies, medications being taken and physical impairments that will in any way effect the child's participation have been brought to the attention of CCCC in writing on an official CCCC Physical Examination Form.

I understand my child will not be covered by insurance provided by CCCC and that I either have my own major Medical Insurance Policy or, if not; I will cover the expenses of any injuries suffered during scheduled practice sessions and approved track meets.

By my signature, I affirm that by signing, I am the person that I purpose to be and in the case of parent or legal guardian that such a relationship exist between the child and myself. By my signature, also, I have read and agree to all RULES and GUIDELINES in the Registration Packet of CCCC.

DATE: _____

PARENT/LEGAL GUARDIAN SIGNATURE

1770 NEWMAN LANE * TALLAHASSEE, FLORIDA 32312 * 850-668-6949

FEB 2012



**2012 PARENT/LEGAL GUARDIAN AUTHORIZATION FOR
MEDICAL TREATMENT**

I (parent/legal guardian)_____ grant to the Coaches, Assistants, or Assigned Chaperones/Volunteers of Capital City Christian Cruisers Track Club (CCCC) the authorization to act as Spokesperson in granting permission if any emergency medical procedures or treatment/hospitalization (including Anesthesia), are required for (child)_____.

I understand that should a health emergency arise, I will be notified, but if I cannot be reached by telephone, I consent to the Coaches, Assistants, or Assigned Chaperone(s) taking, arranging for, and consenting to the procedures or treatment in his/her discretion.

I release and waive, and further agree to indemnify, hold harmless The W.A.Y. Ministries of Tallahassee, Inc., the CCCC Track Club, Board of Directors, CCCC Head Coach, CCCC Coaches, CCCC Staff, and CCCC assigned Chaperone/Volunteers, from and against, any claim which I, any other parent or guardian, any sibling, the athlete, or any other person, firm or corporation may have or claim to have, known or unknown, directly or indirectly, from any losses, damages or injuries arising out of, during, or in connection with the athlete's participation in the activity, any trip associated with the activity, or the rendering or emergency medical procedures or treatment, if any.

DATE: _____

PARENT/LEGAL GUARDIAN SIGNATURE

1770 NEWMAN LANE * TALLAHASSEE, FLORIDA 32312 * 850-668-6949

FEB 2012



2012 MEMBERSHIP FORM

PLEASE PRINT

DATE: _____

ATHLETE NAME: _____
Last First

ADDRESS: _____

CITY: _____ COUNTY: _____ ZIP CODE _____

HOME PHONE: _____ BIRTH DATE: _____ SEX: _____

SCHOOL: _____ GRADE _____ AGE: _____

MOTHER NAME: _____ HOME PHONE: _____

WORK: _____ CELL: _____ EMAIL: _____

FATHER NAME: _____ HOME PHONE: _____

WORK: _____ CELL: _____ EMAIL: _____

EMERG. CONTACT1 _____ PHONE: _____

EMERG. CONTACT2 _____ PHONE: _____

PHYSICIAN: _____ PHONE: _____

HEALTHCARE PROV: _____ PHONE: _____

T-SHIRT SIZE: YS: _____ YM: _____ YL: _____ S: _____ M: _____ L: _____ XL: _____ XXL: _____

PANTS SIZE: YS: _____ YM: _____ YL: _____ S: _____ M: _____ L: _____ XL: _____ XXL: _____

UNIFORM SIZE: YS: _____ YM: _____ YL: _____ S: _____ M: _____ L: _____ XL: _____ XXL: _____

FOR OFFICIAL USE ONLY

AAU NUMBER: _____ PHYSICAL DATE: _____

COMMENTS: _____



2012 PHYSICAL EXAMINATION FORM

THIS FORM MUST BE COMPLETED BEFORE PARTICIPATION IN TRACK MEETS

PLEASE PRINT

DATE: _____

PARTICIPANT'S NAME: _____

BIRTH DATE: _____ SEX: _____ AGE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

PARENT/LEGAL GUARDIAN NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

PLEASE COMPLETE ALL INFORMATION

1. On the basis of a physical examination and review of this individual's medical history, I find this individual to be in good health with the following exceptions:

2. This individual may participate in all physical activities with the following limitations:

3. Special Instructions, I.E., Diet, Medications, Precautions, Allergies, Asthma:

Physician Signature

Date: _____

Parent/Legal Guardian Signature

Please print or stamp: Physician name and address

PARTICIPATION LEVELS, FEES AND COST:

Please initial at the appropriate level to acknowledge that you read and understand each level.
Please initial ALL 4 sections.

YOUTH COST

A. Club Membership Levels: *(Please initial only 1 level of participation)*

_____ *Level 1 - \$275.00*

Youth travel and reside with parents at all out of town meets. Parents are responsible for food, lodging and transportation to the track meets. This cost includes club membership fee, administration fees, track meet entry fees, practice insurance and AAU membership fees.

_____ *Level 2 - \$275.00 (For High School Student-Athletes ONLY who come out after their track season is completed)*

Youth join the club and begin participation in track meets on or after June 1, 2012. This cost includes club membership fee, administration fees, track meet entry fees, food, lodging, transportation, practice insurance and AAU membership fees.

_____ *Level 3 - \$400 (Cost for 2nd child is \$250 and there is no cost for a 3rd or 4th child)*

Youth join the club and begin participation in track meets before June 1, 2012. This cost includes club membership fee, administration fees, track meet entry fees, food lodging, transportation, practice insurance and AAU insurance cards.

THIS COST DOES NOT INCLUDE EXPENSES FOR THE AAU JUNIOR OLYMPICS IN AUGUST TO HOUSTON, TX.

B. Award Banquet *(Please initial below)*

_____ The Coaching staff and parents will plan an end of the year banquet. The registration cost includes the cost for the child/parents (3 people total) and the cost for their child's trophy. Any additional persons would have to pay \$10/each to attend the banquet.

C. All club fees are non-refundable *(Please initial below)*

_____ Local checks, money orders, cashiers checks and cash will be accepted. If a check is returned for insufficient funds, the person will no longer be allowed to pay fees with a check.

D. Uniform/Warm up Replacement *(Please initial below)*

_____ If my child(ren) lose or misplace his/her uniform and warm ups, I understand that I am responsible for the replacement cost.

A club registration fee of \$25 is due today or by Tuesday, February 21, 2012. The balance of the club fees is due by March 29, 2012. If your child's club fees are not paid in full by March 29, your child will not be able to participate in track meets.

Parent/Guardian Signature

Date



PARENT/YOUTH GUIDELINES

The W.A.Y. Ministries of Tallahassee, Inc. thank you for choosing the Capital City Christian Cruisers (C.C.C.C.) Track and Field Club. The W.A.Y. Ministries is a Christian, non-profit organization designed for the purpose of "Winning America's Youth" to Jesus Christ. The CCCC Track Club is a component of The W.A.Y. Ministries and was founded in 1994 with one youth and has grown to over 60 youth.

PROGRAM GUIDELINES (PARENTS AND YOUTH)

- We expect you to encourage your child to have the right attitude on and off the track field.
- We expect you to encourage your child to finish the entire program.
- We expect you to communicate with the appropriate staff regarding conflict matters.
- We expect you to do your part in making sure that you are informed about deadlines, track meets, travel expenses, and proper attire.
- We expect you to make sure that your child has transportation to and from program sites.

ATTENDANCE

We expect your child to participate in the entire season without break; however, we do understand there will be situations when your child will not be able to attend practice due to other engagements, vacations, and/or other youth sports. If your child is active in another sport, please let us know when your child will not be able to participate. If your child consistently has unexcused practice attendance, they will not be allowed to travel to track meets.

PRACTICE AND TRAINING SESSIONS BEGINS TUESDAY, FEBRUARY 21 AT 5:30 P.M (RICKARDS HIGH SCHOOL TRACK)

Practices are on Tuesday and Thursday from 5:30 – 7:00 p.m. at Rickards High School. The school administration is gracious to let us use their facility, therefore we want to be orderly and not interfere with school functions and events. We ask that parents, younger siblings, etc. remain off the infield during practice sessions. Safety is top priority and we do not want a young child injured by one of our athletes. Also, refrain from coaching your child during practice sessions and allow the coaches to provide the necessary coaching and instructions.

APPROPRIATE DRESS

Your child should wear proper running shoes, shorts, shirts and sweat suits. Boys are not permitted to wear earrings or any such jewelry attached to their face during practice, club events, or track meets, etc. We will do our part in addressing this area, but encourage parents to talk with their child about this policy. If a youth violate this policy, we will ask the youth to remove the item and give it to a parent or guardian until practice or the meet is over. Persistent violations will be dealt with by the club administration. Both boys and girls are not permitted to wear their shorts or sweat pants below their waistline (sagging). During track meets, athletes should have their jerseys tucked inside their running shorts for competition.

TRANSPORTATION

Parents are responsible for their child's transportation to and from all practices, fundraiser events and local track meets. Parents are encouraged to accompany youth to practices and fundraiser events. Weekly or bi-weekly parent meetings will be held to inform parents of pertinent information regarding upcoming events. When traveling outside of Tallahassee, athletes will travel on chartered buses along with staff and coaches.

If space is available on the team bus, parents will be allowed to travel with the team. Each parent will pay a seat fee to travel on the bus and will be notified of the cost in advance of the trip. A travel itinerary will be distributed at parent meetings, however, keep in mind that it is **subject to change**. Any parent that rides on the team bus agrees to abide by and follow the travel itinerary and guidelines. Please allow our staff, coaches and volunteers to carry out the necessary supervision of your child when he/she is in our care. Parents that create negative conditions while traveling with the team will have their traveling privilege revoked.

SPIRITUAL INTERVENTION/MENTORSHIP

Spiritual intervention is a vital part of your child's growth and development. At least monthly or bi-weekly your child will participate in a biblical message. These sessions will take place either at the start or finish of practice. The Ministry Director, community leaders, coaches, mentors and/or club parents will have the opportunity to share a personal testimony, spiritual message or motivational topic with our child. The Ministry Director will also provide spiritual messages, encouragement and prayer to the parents. The goal is to encourage spiritual growth and promote family, church, and community. As a Christian organization, we strongly encourage our parents and youth to focus on the positive side of sports and the Christian faith.

FUNDRAISERS

Before and during the course of the season, we will have several fund-raising activities and events. These activities are the responsibility of the Executive Parent Committee (EPC) to organize. The purposes of these events are to assist with the cost for entry fees, food, lodging and transportation for out of town travel.

CONDUCT AND ATTITUDE

A good, positive and appropriate attitude is essential for the success of this track ministry. It is important that your child have the appropriate conduct and attitude towards the club administration, his/her teammates, coaches and parents. At no time will a youth be permitted to use profanity, disrespect coaches, teammates or parents. Parents will be informed of any inappropriate conduct and attitude issues once they occur. If this behavior continues, the youth will be suspended for a period of two weeks or until the matter is resolved. Upon his/her return, the administration and coaching staff will decide the youth's eligibility and whether he/she is allowed to compete in the upcoming track meet.

UNIFORM/WINDSUIT

The team uniform and warm ups are included in the youth cost listed below. **Each youth will receive a NEW uniform, sweat pants, and long sleeve t-shirt.** The youth and parents are responsible for keeping up with their individual uniforms and warm ups. If they are lost or misplaced, the parent is responsible for the replacement cost. Parents are encourage to purchase a club t-shirt to support the team. **The cost for all t-shirts and sizes are \$12 each. This includes youth and adult sizes.**